

Babasaheb Bhimrao Ambedkar University (A Central University) Lucknow-226025

Committee of Basic Facilities for Women, Gender Champion
Committee, UBA Cell & NCC Unit
of the University welcomes you all

in

Mission Shakti National Webinar on

LIGHTEN THE LOAD

Psychological Resilience and Emotional Wellbeing of Women

Programme Date : 13th November 2020, Time: 05:00 pm

Join with Google Meet : <https://meet.google.com/xze-dowp-uww>

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SPEAKERS



Prof. Shubhini A. Saraf
Professor -In- Charge
Health centre, BBAU
Dean, SBPS



Mrs. Neha Anand
Counselling Psychologist
Psychotherapist
Director-Bodhitree India

ORGANIZERS



Prof. Naveen Kumar Arora
Chairman, UBA Cell



Prof. Shilpi Verma
Chairperson, CBFW, GCC



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AND, NCC,
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